

McGraths Hill Children's Centre Inc

A Child's Learning Centre

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February 2019

Date	Event
Fortnightly -	Pat - Fitness Coach
rotating days	9.30 - 10.30 am FREE
19 April 2019	Good Friday Public Holiday
21 April 2019	Easter Monday Public
	Holiday
25 April 2019	ANZAC Day Public Holiday

Birthdays – January – Levi 22nd, Aleah 12th, Ruby 11th, Kieran 9thy, Lincoln 29th, Violet 17th. Georgia 13th, Amanda 22nd,

February – Gracie M 16th, Addalyn 23rd, Alexis 9th, Cerise 9th, Gracie K 2nd, Reid 20th, Tony 17th, Emersyn 11th, Nate 15th, Harper 4th. Sharon 6th,

Happy Birthday to you all !!!

Welcome to all of the new children and families who have commenced here at McGraths Hill Childrens Centre Inc. We are looking forward to getting to know you and your child.

Birthday Cupcakes - \$10 with pics Contact staff to book in advance. Place \$10 in fee box by the date requested.

<u>Drop Off</u> – Please make sure that you walk your child into the room or outside so that the staff can greet you and your child upon arrival. If we are outside please **apply Sunscreen** to your child as you enter (available in foyer) or when you get outside.

Also as part of our improvement plan to reduce infection/cross contamination, we are getting **children to wash their hands** on arrival. We appreciate your support and cooperation with this.

Vacancies - 2019

We still have vacancies on some days with new children commencing each week. If you are thinking of adding a day for your child or you need an additional day here and there (subject to availability) please let us know.

StoryPark - Our main form of communication for distribution of information and programming along with your child's development is StoryPark. This digital technology is not for everyone however, we know that the majority of families use smart phones and devices and have tried to make it easier for you to access what your child has experienced when they attend. We try to put as much information as possible and their developmental

milestones are all recorded on StoryPark for you to see and share with your extended family if you wish to.

Feedback and comments are always encouraged and welcomed[©]
Let us know if you are viewing what your child is experiencing here!
A simple comment or smiley face would be appreciated so we know who is interested

Child Care Subsidy - ESI - Electronic Sign In will be part of Drop off and Pick up in the next few weeks.

You MUST sign in and out with a time to be able to receive CCS. If there is no time recorded you will not receive the subsidy. We will be trialling a tablet in first few weeks of January/February. Your contact telephone number on Hubworks will be the identifier for you and who you choose to drop off or collect your child, based on your details within Hubworks. Please make sure that your details remain up to date at all times. You will be asked to create a P.I.N. and enter your mobile telephone number and the PIN to sign in or out. We will update you as any further changes occur. If you have any questions, please speak to Sonya.



Referring our Services We need your help!!!

If you are happy with our service, which includes; quality education and care, all meals and incidentals supplied, qualified and caring staff, value for money: spread the word. We rely on you as a community referring other families in the area to recommend us.

OUTSIDE UPGRADE

As you will have noticed work has commenced on our outside sustainable area. We are really looking forward to being able to utilise this area and the children will be able to have group times out there and learn about growing food, plants, textures, smells and sustainable practices.

Staffing - 2019

Joey Room - Jo, Kelli, Melanie, Kylie, Gracie and Georgia when required.

Kangaroo Room - Amanda, Mary, Eli, Karen, Lisa, Kylie, Gracie and Georgia when required.

Did you know that of our 14 Staff members. 8 have been here between 10 and 20 years!!!! We have employed trainees in the past, however we retain them and they go on to complete their Diploma or Degree and continue to work here...... Our last trainee has been here for 5 years.

Continuity of care is very important to us. Your children enjoy that they see the same familiar faces educating and nurturing them each day, which complements our home like atmosphere where besides educating, we build relationships with children and families which the children can then extend to friendships when they go to Kindergarten and beyond.

We even have 2 staff members who attended here for their preschool years!!!! - can you guess who they are??? And how long ago???

RECIPES???

We have plenty of tried and tested recipes in our recipe book which is available for \$10 CD and \$15 if you want a printed copy. Most of our recipes that are used here are in the book which has been written for family portions.

If you are struggling with what your child is eating and know that they eat here.... Give our recipes a try. Send Sonya an email: mcgrathshillcc@bigpond.com for more details.

Here's just one the children love and can be made all year round.....

MEXICAN MINCE

1T vegetable oil
1 onion - finely diced
2 garlic cloves - crushed
750gm beef mince (or mince of choice)
410gm crushed tomatoes
3T tomato paste
2t ground cumin
2t paprika
2t oregano
1T beef stock powder or 1 beef stock cube
1 can baked beans

Heat the oil in a large sauce pan over medium heat.

Add onion and garlic and cook for 3 to 4 minutes or until soft.

Add the mince and cook, breaking it up with a wooden spoon, for 6 to 8 minutes or until browned.

Add the tomatoes, tomato paste, cumin, paprika, oregano & stock powder or cube, stir well and simmer gently for 20 minutes.

Add the baked beans and simmer for another 3 - 5 minutes or until beans are heated through.

Taste & season as necessary.

Serve with rice, tortillas or corn chips, diced avocado, tomatoes & cucumbers grated cheese, sour cream and lime wedges.

Chilli can be added to your taste.





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